### OM HOMEOPATHY FEES 2022 FEES AND POLICIES FOR CONSULTATION

### Initial Homeopathic consultation – \$225

The initial consultation usually takes up to 2 hrs. As homeopathy is an individualized/ personalized medicine each and every client is studied in detail. The aim is to understand each person as an individual and go up to the root cause of the dis-ease. An individualized wholistic treatment plan with all the detail instructions will be emailed.

# • Follow-ups - \$110

The follow-up consults usually take 30 to 60 min. Usually first follow up is scheduled after 4 weeks of initial consult. Next follow ups are taken usually **6-8 weeks** apart. The cost of the follow-up care includes support and guidance by e-mails, continuous case management, questions, drafting and revising homeopathic treatment plans/ protocols for treatment of intended health condition(s).

### • Acute consultation – \$65

Acute consultations are available seven days a week for shortterm non-life threatening illnesses. It is highly recommended that established clients have a homeopathic and or flower remedies kit in the household.

# Constitutional care plan - \$750.

For chronic and complicated health conditions like allergies, asthma, autism, cancers, Lyme disease, Chronic GI conditions etc and psychological issues like depression, anxiety it is advisable to go with packages. All packages include first session, all follow ups and all acutes over the period of 6 months as directed by Vandana. The full amount is due before the first session. An individualized wholistic treatment plan will be emailed after first session. All further follow ups are scheduled once you start taking medicines/ treatment. You need to report all the acute conditions/ symptoms that may come up during treatment course and you will be guided with acute remedies and dosages if required. Once you decide to go with the package, paperwork will be emailed to complete and sign in.

# Ayurvedic Nutrition Consultation- \$250

You will be asked to maintain a food diary/ journal for min 3 Days. There are few questioners you need to answer and your Dosha, your vikruti (disease) will be evaluated and an individualized diet plan, lists of food to avoid and food to favor will be given to you along with the recipes. All details will be emailed and one session will be scheduled to discuss and Q/A about the plan.

### Flower Remedies Therapy- First session - \$150 follow up-\$85

In depth case/ history is taken; that includes the current or immediate issues you are looking treatment for and your personality traits/ the past experiences or your temperament is also studied for deep healing. In an hour to 90 min Vandana will lead you with many questions; and will prescribe custom blend of flower essences based on your current emotions, any situations you may be struggling with in the coming weeks, and your general temperament. Follow ups are usually taken **4 weeks apart**. Vandana mostly offers flower essences therapy as a complimentary tool in her homeopathic/ holistic treatment plan; however if you are looking for guidance or to go with ONLY flower remedies then the consultation time and charges - First Session -\$150 and follow ups \$85. Custom Blend essence cost is \$25-\$30.

• Mindfulness Meditation - 8 weeks program - \$250

# • Other holistic modalities (Complimentary)

I incorporate flower remedies, Mudras, cell salts, gemmotherapy along with homeopathic consultations in my treatment plans. I don't charge separately for them.

# General Policies Regarding Fees, Payment, Scheduling and Shipping:

- Fees are due at the time services are rendered.
- Fee is non refundable.
- Payments may be made by Credit cards, HSA/ FSA cards.
- Other options of payments are Check, Venmo, online bank to bank transfer thru Zelle.
- Clients are free to discontinue treatment at any time without penalty.
- If you have scheduled a remote consultation, please pay online or mail a check in advance of the appointment so that I receive it before the appointment.

# Medicines and Shipping:

Medicines will be shipped to the clients at the address provided. Cost of medicines is variable depending upon the potency, dose of the medicine, and pharmacy selected. This cost is **not** included in consultation fees.

Homeopathic medicines \$10 - \$16. Flower single or combo remedy bottle \$8 - \$25. Gemmotherapy \$16- \$38. Cell Salts \$12 - \$20 Shipping is \$10 to \$15 in the USA.

#### • Insurance:

It is client's responsibility to check with their insurance provider whether homeopathic consultations are covered in their plan or not. Clients are encouraged to investigate their healthcare plan as it may allow coverage for natural therapies and homeopathic care/ medicines.

### Cancellations:

If it is necessary to cancel and/or reschedule an appointment, notification must be made at least 24 hours in advance. Missed or late cancellation appointments will result in a 50% fee of the cost of your session.

### Contacting other than appointments:

- Clients can email for reports, updates, questions, scheduling, and other non-urgent topic. Calls are generally answered each day; emails are answered as time allows which can be delayed during times of travel or high volume of emails.
- If there is any concern that requires prompt response, or you have not got a reply by an email in 24 hrs please give me a call on 401-573-3757.

# Confidentiality:

The information contained in all files, documents, email messages, and/or any documents accompanying the emails from and to the client are private and confidential. This communication is legally protected and intended for the treatment and for confidential use of the client and practitioner only.

### • Note:

Homeopathic consultations are not a substitute for medical care.

For emergencies call 911 and need of conventional medical care, consult your family physician.

I \_\_\_\_\_\_ read and understood all the fee

structure mentioned above.

Signature

Print Name-

Date-